Pierogi Ruskie – The Best Polish Dish Recipe





Ingridients (for 75 pieces)

- · 450 g of wheat flour
- · large pinch of salt
- \cdot 375 ml of hot water
- \cdot 50 g of butter

- for dumplings stuffing: · 500 g white cheese fat or semi-skimmed
- · 500 g of potatoes · 1 small onion
- · 2 tablespoons butter
- \cdot 2 teaspoon salt (or to taste)
- · 1/2 teaspoon pepper herbal

for serving, such as:

- · sour cream 12 or 18 %
- · melted butter
- \cdot salt and pepper

Preparation:

stuffing: Peel the potatoes , rinse, put into the pot , add salt , cover with cold water and bring to a boil . Cook under the lid ajar for about half an hour or until tender . Drain , put back into the pot and still hot smash very carefully pestle potato (a few minutes to a smooth paste with no lumps) . Potatoes completely cool, Then grind in a meat grinder or pass through smashed , so that they become even more fluffy. Cheese finely crumble, mash with a fork or pass through the crushed (not cheese in a food processor grind because the filling will come out for rare) . Chop the onion and fry in butter or lard until golden brown , then add the cheese and potatoes. The whole mix, season with salt and pepper and herbs.

dough: Sift the flour into a bowl, add salt. For hot water put the butter and melt, gradually pour into the , flour , stirring with a spoon all . Combine the ingredients and put them on covered flour pastry board Squash the dough with hands for about 7 - 8 minutes , adding flour , if necessary , so that the dough can not be sticky. Put into a bowl and cover with a damp cloth and let stand for 30 minutes. Put the dough on the cutting board and powygniatac for about 1 - 2 minutes, and then divided into 3 - 4 parts, and each successively rolling a thin cake (approximately 2 - 3 mm), and the roller showering flour pastry board.